

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 1 Day 1 :44596 - ServingDate: 04/01/2024								
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	75	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Chicken Alfredo Mac - OKR2034 (6 oz.)	15	302.51	12.81	6.28	0.00	668.86	28.47	19.50
Pizza Bento Box - OKR1955 (1 portion)	10	356.56	15.46	7.12	0.00	947.65	34.87	18.66
Garlic Knot Breadstick - SR1255 (1 roll.)	15	110.63	4.05	0.22	0.00	95.85	15.02	3.23
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli - SR1852 (1/2 c.)	35	65.49	4.49	0.33	0.00	72.07	5.40	3.00
Roasted Green Beans - SR1021 (1/2 c.)	65	22.18	0.13	0.04	0.00	43.10	5.11	1.18
Pizza Sauce - SR3405 (1/2 c.)	75	30.81	0.71	0.10	0.00	535.78	5.97	1.08
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 1 Day 2 :44596 - ServingDate: 04/02/2024								
American Sandwich - OKR1969 (1 sandwich)	10	307.27	9.54	3.52	0.00	864.88	33.03	24.72
Old School Cheese Pizza - SR3759 (1 slice)	75	300.00	11.00	5.00	0.00	440.00	34.00	16.00
Chicken and Cheese Quesadilla - SR3897 (1 each quesadilla)	15	403.80	19.23	9.24	0.00	759.66	36.19	21.08
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Pinto Beans - SR3314 (1/2 c.)	0	118.51	1.21	0.00	0.00	169.30	21.77	7.26
Green Peas & Carrots - OKR1029 (1/2 c.)	65	66.05	0.54	0.10	0.00	74.28	12.49	3.25
Burger Topping - SR2640 (1 serving)	0	4.54	0.05	0.01	0.00	157.91	0.97	0.26

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 1 Day 2 :44596 - ServingDate: 04/02/2024								
Chocolate Chip Cookie - SR2492 (1 cookie)	90	111.37	3.54	1.01	0.00	86.06	18.23	2.02
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 1 Day 3 :44596 - ServingDate: 04/03/2024								
Toasted Cheese Sandwich - OKR1220 (1 sandwich)	35	262.25	17.20	10.13	0.00	1046.50	17.02	13.13
Spaghetti with Meatballs - SR3744 (1 serving)	50	408.80	14.37	3.52	0.00	395.16	52.64	23.42
Turkey & Cheese Sandwich - OKR1973 (1 sandwich)	15	283.34	8.02	2.50	0.00	729.50	32.52	22.17
Breadstick - SR1044 (1 breadstick)	50	80.00	1.00	0.00	0.00	95.00	14.00	3.00
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut Sweet Potato Fries - SR3936 (1/2 c.)	65	169.47	6.98	1.00	0.00	259.20	24.92	1.00
Roasted Summer Squash - SR1523 (1/2 c.)	35	34.33	2.14	0.18	0.00	42.19	3.28	0.85
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 1 Day 4 :44596 - ServingDate: 04/04/2024								
Chili Cheese Hot Dog - OKR1086 (1 serving)	70	387.27	16.79	5.51	0.00	643.74	39.23	19.23
Chili Frito Pie - OKR1976 (1 ea.)	20	497.42	23.96	6.72	0.00	803.88	54.07	19.29
Sunbutter & Jelly Sandwich - OKR1140 (1 sandwich)	10	392.69	18.84	1.98	0.00	348.87	45.82	12.93

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Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 1 Day 4 :44596 - ServingDate: 04/04/2024								
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Aztec Corn - SR3173 (3/4 c.)	65	139.01	2.44	0.21	0.00	73.86	27.18	5.37
Carolina Slaw - SR1633 (1/3 c.)	10	86.64	6.12	1.36	0.00	145.84	7.69	0.77
Diced Red Onion - SR1447 (2 tbsp.)	5	8.58	0.02	0.01	0.00	0.86	2.00	0.24
Jalapeno Pepper Slices - SR1074 (1 tbsp.)	5	0.00	0.00	0.00	0.00	174.42	0.00	0.00
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 2 Day 1 :44596 - ServingDate: 04/08/2024								
Barbecue Chicken Sandwich - OKR1782 (1 sandwich)	20	132.92	2.47	0.00	0.00	665.33	11.02	14.41
Sunbutter & Jelly Sandwich - OKR1140 (1 sandwich)	15	392.69	18.84	1.98	0.00	348.87	45.82	12.93
Walking Nachos - OKR1979 (1 nacho)	65	282.65	13.41	4.91	0.00	604.25	26.50	15.47
String Cheese Stick - SR3035 (1 stick.)	15	90.00	7.00	5.00	0.00	200.00	0.00	7.00
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Blue Ribbon Slaw - SR1254 (1/2 c.)	10	41.82	0.15	0.03	0.00	113.85	10.28	0.76
Vegetarian Refried Beans - SR1070 (1/2 c.)	65	161.28	0.58	0.00	0.00	164.61	27.65	10.37

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SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 2 Day 2 :44596 - ServingDate: 04/09/2024								
Corn Dog - SR1023 (1 corn dog)	65	240.00	9.00	2.50	0.00	470.00	30.00	9.00
Crispy Chicken Wrap - OKR1980 (1 wrap)	10	527.82	25.45	8.07	0.00	1157.37	56.72	20.34
Macaroni and Cheese - SR2124 (2/3 c.)	25	386.61	20.82	10.41	0.00	881.25	33.57	19.84
Garlic Knot Breadstick - SR1255 (1 roll.)	25	110.63	4.05	0.22	0.00	95.85	15.02	3.23
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli - SR1852 (1/2 c.)	65	65.49	4.49	0.33	0.00	72.07	5.40	3.00
Crinkle Cut French Fries - SR2496 (1/2 c.)	0	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Chocolate Chip Cookie - SR2492 (1 cookie)	90	111.37	3.54	1.01	0.00	86.06	18.23	2.02
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 2 Day 3 :44596 - ServingDate: 04/10/2024								
American Sandwich - OKR1969 (1 sandwich)	10	307.27	9.54	3.52	0.00	864.88	33.03	24.72
French Toast Brunch 4 Lunch - OKR1957 (1 serving)	45	410.54	19.89	4.48	0.00	473.48	37.61	19.93
Pepperoni Smart Pizza - SR3777 (1 slice)	45	326.00	13.40	5.90	0.00	526.00	34.14	17.20
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked Cinnamon Raisin Apples - SR1238 (3/8 c.)	40	123.28	1.85	0.75	0.00	30.64	27.95	0.41
Roasted Green Beans - SR1021 (1/2 c.)	65	22.18	0.13	0.04	0.00	43.10	5.11	1.18
Breakfast Syrup Cup - SR2498 (1 Container)	45	110.00	0.00	0.00	0.00	20.00	29.00	0.00
Burger Topping - SR2640 (1 serving)	10	4.54	0.05	0.01	0.00	157.91	0.97	0.26

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SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 2 Day 4 :44596 - ServingDate: 04/11/2024								
Cheesy Chicken Spaghetti - OKR1007 (6 oz.)	15	271.78	10.16	3.95	0.00	368.89	23.41	22.37
Chicken Caesar Wrap - SR2556 (1 wrap)	10	441.68	23.67	6.52	0.00	680.56	37.34	19.70
Crispy Chicken Nuggets - SR1367 (5 nugget)	75	239.93	14.00	2.50	0.00	439.88	16.00	14.00
Breadstick - SR1044 (1 breadstick)	15	80.00	1.00	0.00	0.00	95.00	14.00	3.00
Dinner Roll - SR1010 (1 roll.)	75	80.00	1.50	0.00	0.00	65.00	14.00	3.00
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Green Peas & Carrots - OKR1029 (1/2 c.)	0	66.05	0.54	0.10	0.00	74.28	12.49	3.25
Whipped Potatoes - SR1112 (1/2 c.)	75	79.98	1.50	1.00	0.00	102.62	15.00	2.00
Old Fashioned Country Biscuit Gravy - OKR1552 (1/4 c.)	70	42.52	2.43	1.22	0.00	147.42	4.86	0.00
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 2 Day 5 :44596 - ServingDate: 04/12/2024								
Hamburger - OKR2027 (1 burger)	60	280.00	10.00	3.50	0.00	460.00	32.00	19.00
Just Peachy Parfait, 9 oz, vanilla yogurt, peaches TULSA - OKR1728 (1 parfait)	15	314.65	7.09	0.94	0.01	118.77	58.29	5.48
Sloppy Joe Sandwich, beef crumble, scratch - OKR1950 (1 sandwich)	25	345.05	10.54	3.63	0.00	1033.80	43.35	21.02
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Mixed Garden Vegetables - SR1583 (1/2 c.)	25	53.56	0.44	0.08	0.00	91.04	11.37	2.28

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SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 2 Day 5 :44596 - ServingDate: 04/12/2024								
Tater Tots - SR1450 (1/2 c.)	75	110.70	6.04	1.01	0.00	311.98	14.09	1.01
Burger Topping - SR2640 (1 serving)	15	4.54	0.05	0.01	0.00	157.91	0.97	0.26
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 3 Day 1 :44596 - ServingDate: 04/15/2024								
Crispy Chicken Nuggets - SR1367 (5 nugget)	65	239.93	14.00	2.50	0.00	439.88	16.00	14.00
Breaded Drumstick - SR3363 (1 pcs.)	25	220.00	13.00	3.00	0.00	530.00	6.00	19.00
Ham & Cheese Sandwich - OKR1972 (1 sandwich)	10	285.06	9.55	4.02	0.00	750.31	32.52	19.16
Southern Style Biscuit - OKR1789 (1 biscuit)	40	193.72	8.23	5.49	0.06	581.84	26.94	2.99
Toasted Waffle - SR2165 (1 waffle)	60	92.95	2.58	0.52	0.00	170.40	15.49	2.06
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Baked Cinnamon Raisin Apples - OKR1811 (3/8 c.)	35	118.29	1.85	0.75	0.00	30.27	26.66	0.40
Crinkle Cut Sweet Potato Fries - SR3936 (1/2 c.)	65	169.47	6.98	1.00	0.00	259.20	24.92	1.00
Breakfast Syrup Cup - SR2498 (1 Container)	60	110.00	0.00	0.00	0.00	20.00	29.00	0.00
Burger Topping - SR2640 (1 serving)	10	4.54	0.05	0.01	0.00	157.91	0.97	0.26

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SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 3 Day 2 :44596 - ServingDate: 04/16/2024								
Classic Beef Lasagna - OKR1981 (1 ea.)	35	312.75	10.63	5.56	0.00	571.33	36.39	17.59
Mozzarella Stuffed Breadsticks - SR1625 (2 breadstick)	55	290.17	11.01	6.00	0.00	500.29	28.02	19.01
Buffalo Chicken Wrap - OKR1982 (1 wrap)	10	537.32	24.94	8.04	0.00	2134.21	58.24	22.09
Breadstick - SR1044 (1 breadstick)	35	80.00	1.00	0.00	0.00	95.00	14.00	3.00
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Parmesan Green Beans - SR1144 (1/2 c.)	65	41.90	2.35	0.32	0.00	13.66	5.18	1.30
Roasted Summer Squash - SR1523 (1/2 c.)	35	34.33	2.14	0.18	0.00	42.19	3.28	0.85
Chocolate Chip Cookie - SR2492 (1 cookie)	90	111.37	3.54	1.01	0.00	86.06	18.23	2.02
Pizza Sauce - SR3405 (1/4 c.)	55	15.41	0.35	0.05	0.00	267.89	2.98	0.54
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 3 Day 3 :44596 - ServingDate: 04/17/2024								
Crispy Chicken Wrap - OKR1980 (1 wrap)	10	527.82	25.45	8.07	0.00	1157.37	56.72	20.34
Mexi- Chicken Nachos, USDA - OKR1564 (1 nacho)	75	391.37	20.05	6.79	0.00	810.55	32.47	21.16
Bean & Cheese Nachos - SR1471 (1 nacho)	15	396.30	18.21	6.55	0.00	678.59	44.27	15.35
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Elote Corn - SR1677 (1/2 c.)	55	129.48	1.72	0.57	0.02	42.65	28.45	4.71
Frijoles ala Charro - OKR1230 (1/2 c.)	35	149.56	0.08	0.01	0.00	186.66	26.04	9.36

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SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 3 Day 4 :44596 - ServingDate: 04/18/2024								
Twisted Dog - OKR1434 (1 serving (1))	45	290.09	12.00	3.00	0.00	450.11	29.02	13.00
Orange Chicken Nuggets - SR2815 (5 nugget)	45	350.42	16.20	2.92	0.04	642.80	36.65	16.32
Sunbutter & Jelly Sandwich - OKR1140 (1 sandwich)	10	392.69	18.84	1.98	0.00	348.87	45.82	12.93
String Cheese Stick - SR3035 (1 stick.)	10	90.00	7.00	5.00	0.00	200.00	0.00	7.00
Steamed Brown Rice - SR1098 (1/2 c.)	45	117.19	1.03	0.00	0.00	2.02	24.82	2.76
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli - SR1852 (1/2 c.)	35	65.49	4.49	0.33	0.00	72.07	5.40	3.00
Tater Tots - SR1450 (1/2 c.)	55	110.70	6.04	1.01	0.00	311.98	14.09	1.01
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 4 Day 1 :44596 - ServingDate: 04/22/2024								
American Sandwich - OKR1969 (1 sandwich)	10	307.27	9.54	3.52	0.00	864.88	33.03	24.72
Baked Penne Pasta - SR1133 (1 c.)	30	376.83	14.50	6.99	0.00	744.09	46.06	19.92
Barbecue Rib Sandwich - OKR1132 (1 sandwich)	60	332.89	12.00	3.50	0.00	791.89	41.01	19.00
Garlic Knot Breadstick - SR1255 (1 roll.)	15	110.63	4.05	0.22	0.00	95.85	15.02	3.23
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Crinkle Cut Sweet Potato Fries - SR3936 (1/2 c.)	60	169.47	6.98	1.00	0.00	259.20	24.92	1.00
Roasted Green Beans - SR1021 (1/2 c.)	40	22.18	0.13	0.04	0.00	43.10	5.11	1.18

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SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 4 Day 1 :44596 - ServingDate: 04/22/2024								
Burger Topping - SR2640 (1 serving)	10	4.54	0.05	0.01	0.00	157.91	0.97	0.26
Carolina Slaw - SR1633 (1/3 c.)	15	86.64	6.12	1.36	0.00	145.84	7.69	0.77
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 4 Day 2 :44596 - ServingDate: 04/23/2024								
Chicken Caesar Wrap - SR2556 (1 wrap)	10	441.68	23.67	6.52	0.00	680.56	37.34	19.70
Hamburger - OKR2027 (1 burger)	25	280.00	10.00	3.50	0.00	460.00	32.00	19.00
Old School Cheese Pizza - SR3759 (1 slice)	65	300.00	11.00	5.00	0.00	440.00	34.00	16.00
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Broccoli - SR1852 (1/2 c.)	25	65.49	4.49	0.33	0.00	72.07	5.40	3.00
Crinkle Cut French Fries - SR2496 (1/2 c.)	65	100.75	3.92	0.56	0.00	27.99	14.55	1.12
Burger Topping - SR2640 (1 serving)	0	4.54	0.05	0.01	0.00	157.91	0.97	0.26
Chocolate Chip Cookie - SR2492 (1 cookie)	90	111.37	3.54	1.01	0.00	86.06	18.23	2.02
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 4 Day 3 :44596 - ServingDate: 04/24/2024								
Crispy Chicken Nuggets - SR1367 (5 nugget)	65	239.93	14.00	2.50	0.00	439.88	16.00	14.00
Parmesan Chicken Burger, whole grain, RFP - OKR2018 (1 burger)	20	427.74	17.44	3.28	0.00	815.86	47.96	22.78

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SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 4 Day 3 :44596 - ServingDate: 04/24/2024								
Strawberry Banana Parfait - OKR1983 (1 parfait)	15	271.96	5.38	0.92	0.02	149.83	50.47	6.05
Dinner Roll - SR1010 (1 roll.)	65	80.00	1.50	0.00	0.00	65.00	14.00	3.00
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Summer Squash - SR1523 (1/2 c.)	25	34.33	2.14	0.18	0.00	42.19	3.28	0.85
Smile Fries - SR3502 (1/2 c.)	75	130.65	4.52	0.50	0.00	180.89	20.10	2.01
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 4 Day 4 :44596 - ServingDate: 04/25/2024								
Beefy Totchos - OKR1863 (1 nacho)	65	214.25	11.65	3.47	0.00	556.18	17.45	11.26
Crispy Chicken Wrap - OKR1980 (1 wrap)	15	527.82	25.45	8.07	0.00	1157.37	56.72	20.34
Cheese Quesadilla - SR1054 (1 each quesadilla)	20	390.00	18.00	10.00	0.00	679.99	36.00	21.00
Flour Tortilla - SR1177 (1 tortilla)	65	210.00	6.00	3.00	0.00	319.99	34.00	5.00
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Roasted Corn - SR1303 (1/2 c.)	65	71.60	0.67	0.10	0.01	1.64	16.82	2.24
Tater Tot Hash - SR1848 (1/2 c.)	25	125.56	7.33	1.10	0.00	346.86	15.02	1.16
Roasted Peppers and Onions Blend - SR1952 (2 tbsp.)	10	17.41	1.04	0.09	0.00	22.13	2.06	0.30

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 4 Day 5 :44596 - ServingDate: 04/26/2024								
Baked Potato with Broccoli and Cheese - SR1328 (1 potato)	40	416.03	23.40	10.65	0.00	650.45	34.27	18.63
Glazed Chicken Drumstick - SR2447 (1 piece)	50	248.99	15.56	3.89	0.00	497.98	3.11	24.90
Sunbutter & Jelly Sandwich - OKR1140 (1 sandwich)	10	392.69	18.84	1.98	0.00	348.87	45.82	12.93
Twisted Breadstick - SR2142 (1 breadstick)	50	172.69	3.27	0.09	0.00	190.34	28.41	6.09
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Apple Glazed Baby Carrots - SR3683 (1/2 c.)	25	58.31	0.81	0.31	0.00	71.53	12.33	0.56
Vegetarian Baked Beans - SR3118 (1/2 c.)	65	112.64	1.02	0.00	0.00	122.88	21.50	7.17
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 5 Day 1 :44596 - ServingDate: 04/29/2024								
Cheeseburger - OKR2028 (1 burger)	65	335.00	14.50	6.00	0.00	595.00	33.00	21.50
Ham & Cheese Sandwich - OKR1972 (1 sandwich)	10	285.06	9.55	4.02	0.00	750.31	32.52	19.16
Macaroni and Cheese - SR2124 (2/3 c.)	25	386.61	20.82	10.41	0.00	881.25	33.57	19.84
Garlic Knot Breadstick - SR1255 (1 roll.)	25	110.63	4.05	0.22	0.00	95.85	15.02	3.23
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Oven Roasted California Blend Vegetables - OKR1939 (1/2 c.)	25	104.64	8.54	0.70	0.01	40.85	7.45	1.61
Tater Tots - SR1450 (1/2 c.)	65	110.70	6.04	1.01	0.00	311.98	14.09	1.01

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Item Name (Serving Size)	Planned Qty	Calories (Kcal)	Total Fat (g)	Sat Fat (g)	Trans Fat (g)	Sodium (mg)	Carb (g)	Protein (g)
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 5 Day 1 :44596 - ServingDate: 04/29/2024								
Burger Topping - SR2640 (1 serving)	35	4.54	0.05	0.01	0.00	157.91	0.97	0.26
SY23-24_CH_Main Event_SY23-24 Clubhouse Lunch_K5/K8 Week 5 Day 2 :44596 - ServingDate: 04/30/2024								
Chicken Burger - OKR1124 (1 burger)	55	400.00	16.00	2.50	0.00	640.00	46.00	21.00
Hearty Garden Salad - OKR1069 (1 salad)	10	143.51	3.62	0.81	0.00	119.03	19.60	9.38
Popcorn Chicken Bowl - OKR1961 (1 ea.)	25	446.14	18.90	5.07	0.00	638.55	51.78	19.68
Dinner Roll - SR1010 (1 roll.)	25	80.00	1.50	0.00	0.00	65.00	14.00	3.00
From the Garden - SR2435 (1 serv.)	100	(M)	(M)	(M)	(M)	(M)	(M)	(M)
Steamed Corn - SR1034 (1/2 c.)	25	68.89	0.57	0.09	0.00	0.85	16.41	2.17
Whipped Potatoes - SR1112 (1/2 c.)	50	79.98	1.50	1.00	0.00	102.62	15.00	2.00
Burger Topping - SR2640 (1 serving)	25	4.54	0.05	0.01	0.00	157.91	0.97	0.26
Chocolate Chip Cookie - SR2492 (1 cookie)	90	111.37	3.54	1.01	0.00	86.06	18.23	2.02
Old Fashioned Country Biscuit Gravy - OKR1552 (1/4 c.)	25	42.52	2.43	1.22	0.00	147.42	4.86	0.00

Legend

(M) - Missing Nutrient Values

Report Selections

Meal Type: Lunch
Site Group: The Clubhouse
Menu Line: CH-Main Event (3 entrees)
Serving Group: K-8
Nutrients Option: Expanded

Menu Calendar Nutrient Analysis Report - April, 2024

Site: Guthrie Upper Elementary
Date: 04/01/2024 - 04/30/2024

Please be advised that our menu items may contain allergens or may have come in contact with items containing allergens. In addition, food manufacturers may change their formulation or manner of processing without our knowledge. Sodexo therefore cannot guarantee the accuracy of nutrition information. Ingredient and nutrition content of foods may vary due to changes in product formulation, recipe substitutions, portion size and other factors. The nutrition analyses provided are approximations only. Sodexo assumes no liability for any adverse reactions that may occur in the school cafeteria. We encourage all food allergic individuals to first inform the school nurse of allergy/intolerance and then work with our staff to plan a menu.